



April 2022 Newsletter

A Lenten Appeal



It is Passiontide. We are deep into the Lenten season now. This week we witness the pictures of the brutalized bodies of slaughtered children in Ukraine. Closer to home we see the images of the brutalized bodies of our own children slaughtered at a late term abortion clinic in Washington DC. You helped us care for mothers who fled from there when they just couldn't go through with their abortions.

Together we must continue to help our world choose life.

Please prayerfully consider an alms gift to Divine Mercy Care during Lent this year to benefit the least of our sisters in need. We are indeed rich — not because we possess much, but because we have given away much.

Today, our world needs kindness and compassion through God's grace. Your alms and our work at Tepeyac OB/GYN have created a positive ripple in God's creation, on His time and for His purpose.

May God be praised, and May your alms satiate the thirst of Jesus from his cross.

John T. Bruchald M

Dr. John T. Bruchalski, M.D.

Donate to Divine Mercy Care

A Patient's Perspective: Kirsten's Story

"I received a personally hand-written sympathy card in the mail after the loss of my second baby."

Kirsten had never heard of a prolife OB/GYN. She was going to a practice in D.C., but she felt uncomfortable because they were doing so many tests on her unborn baby



after finding one inconclusive anomaly at a 12-week scan.

"It felt like they were pushing to find something wrong, even after multiple tests came back clear or inconclusive. I wanted a more holistic approach to medicine and a doctor that better recognized the life I was carrying."

So at 20 weeks, she became a patient at Tepeyac OB/GYN.

"I never once regretted my decision. I really enjoyed seeing Dr. Fisk because he was thorough, and he helped calm our nerves after a stressful first 20-weeks. He eventually delivered our healthy baby boy!"

A few years later, the Lord blessed Kirsten and her husband with another baby. At ten weeks, she started to miscarry. "The nurse at Tepeyac, (Mary Ellen), was so phenomenal. She got me in to have an ultrasound right away and did not brush off my concerns."

After that heartbreaking ultrasound, Kirsten was seen by Dr. Bruchalski. "We saw Dr. Bruchalski and he prayed with us. He knew how to comfort us because he's been there. He affirmed that our loss was nothing we did—there was nothing we could have done better. He encouraged us to mourn and take time to heal."

"Dr. B called me personally a few days later to see how I was doing. A few weeks later, I got a handwritten sympathy card from Tepeyac. The office really cares about me and not just because I was a pregnant patient."

After her miscarriage, she became pregnant again and visited with Dr. Bruchalski. "We were emotional and happy at the same time. I still missed my other baby!" Kirsten explains. Dr. B again prayed with the couple, and they felt very affirmed by his tenderness. "He told us not to be nervous – that it was in God's hands."

Kirsten's baby was delivered by Dr. Muldoon. "She was amazing! She has a great bed-side manner and really took the time to get to know my husband. We got to know each other and found out we shared the same faith. Pro-life medicine is so different!"

Provider Spotlight:

Victoria Snyder

Tepeyac is pleased to welcome a new certified nurse-midwife, women's health nurse practitioner and board-certified lactation



consultant, Victoria Snyder. Victoria has specialized experience with "trauma informed care" and understands that when women are in challenging situations, it is important to take more time with them. She strives to ensure her patients feel safe.

Victoria is already impressed with the Tepeyac OB/GYN work environment. As she explains it, "The whole staff is supportive of each other. They check in on one another and are willing to help."

Victoria is a native Virginian. She grew up in Prince William County and graduated from Georgetown University with a masters degree. She has two grown children and three cats. When not at Tepeyac, she can be found spending time with her family, doing home repairs, quilting, crocheting and dancing.

Welcome Victoria! We are grateful to have you as part of the Tepeyac OB/GYN family.

A Mother's Day Gift



This Mother's Day, honor a mother in your life by making a donation to Divine Mercy Care in her name. We will mail this beautiful Our Lady of Guadalupe card to the recipient on your behalf.

Be sure to let us know the recipient's name and address and the name of the sender(s) of the donation.



HANNAH'S HOPE

Monday, April 11 | 6:00 p.m. Tepeyac OB/GYN Waiting Room

Fellowship and support for women experiencing infertility and secondary infertility. RSVP to Sandra at HannahsHope2021@gmail.com

